

# A LESSON WITH JOEL JC CLARKE

SESSION DRUMMER IN THE UK AND USA. A GRADUATE OF THE BERKLEE COLLEGE OF MUSIC  
ARTISTS INCLUDE JESSE J, WRETCH 32 AND MANY MORE

START AT  $\frac{1}{4}$  NOTE OR  $\frac{1}{8}$  NOTE RATE . PRACTISE THE FOLLOWING PATTERNS SLOWLY AND SMOOTHLY. TAKE YOUR TIME DEVELOPING THE INDIVIDUAL STICKING'S THEN GRADUALLY BUILD UP THE SPEED AND YOUR ENDURANCE OVER TIME. YOU COULD SET YOUR METRONOME TO 80 BPM TO BEGIN WITH.

①

**RLL**

②

**LRR**

③

**FRLLRB**

④

**FRLFRL**

⑤

**RLLR LRR**

⑥

**RLRR FLRF RLRR FLRR**



R = RIGHT HAND  
L = LEFT HAND  
F = FLAM  
B = BASS DRUM

**ROCKLEY  
MUSIC**  
@ROCKLEY MUSIC